

Sample Brooklyn Menu

Monday

- Lunch - Grilled Chicken with marinara sauce
Tiny shell pasta in marinara sauce and Steam Vegetables
- Snack - Pancakes
and Mixed Fruits



Tuesday

- Lunch - Meatballs
Mash Potatoes and Steam Vegetables
- Snack - Milk and Cereals
and Mixed Fruits



Wednesday

- Lunch - Chicken Soup
Fresh Garden Salad
- Snack - Milk and Cereals
and Mixed Fruits



Thursday

- Lunch - Fish Sticks
Rice or Buckwheat and Steamed Vegetables
- Snack - Milk and Cereals
and Mixed Fruits



Friday

- Lunch - Grilled chicken with gravy
Mashed Potatoes and Steamed Vegetables
- Snack - Pancakes
and Mixed Fruits