

Sample Brooklyn Menu

Monday

Lunch - Chicken Parmesan
Tiny shells pasta in Tomato sauce

Snack - Pancakes and Mixed Fruits
Milk 1% -Cereal



Tuesday

Lunch - Meatballs
Mash Potato (organic), Steam Vegetable

Snack - Mixed Fruits
Milk 1% -Cereal



Wednesday

Lunch - Chicken Soup
Russian style Crepes and Sour Cream, Fresh Garden Salad

Snack - Mixed Fruits
Milk 1% -Cereal



Thursday

Lunch - Fish sticks
Rice or Buckwheat, Steam Vegetable

Snack - Mixed Fruits
Milk 1% -Cereal



Friday

Lunch - Chicken Parmesan
Tiny shells pasta in Tomato sauce, Steam Vegetable

Snack - Mixed Fruits
Milk 1% -Cereal